How do You Traverse Tragedies?

- **Let God take the burden**

2 Co 11:23-28 … "I have worked much harder, been in prison more frequently, been flogged more severely, and been exposed to death again and again. 24 Five times I received from the Jews the forty lashes minus one. 25 Three times I was beaten with rods, once I was pelted with stones, three times I was shipwrecked, I spent a night and a day in the open sea, 26 I have been constantly on the move. I have been in danger from rivers, in danger from bandits, in danger from my fellow Jews, in danger from Gentiles; in danger in the city, in danger in the country, in danger at sea; and in danger from false believers. 27 I have labored and toiled and have often gone without sleep; I have known hunger and thirst and have often gone without food; I have been cold and naked. 28 Besides everything else, I face daily the pressure of my concern for all the churches."

2 Co 12:9 "But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore, I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me."

- **Jesus will help you overcome**

Jn 16:33 "I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."

- **Need to stand firm in the faith (Parable of the Sower)**

Mk 4:17 "But since they have no root, they last only a short time. When trouble or persecution comes because of the word, they quickly fall away."

- **Hold onto the promise of God's love**

Rom 8:35 "Who shall separate us from the love of Christ? Shall trouble or hardship or persecution or famine or nakedness or danger or sword?"

- **Reason we have to go through trials**

2 Co1:3-5 "Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, 4 who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from

God. 5 For just as we share abundantly in the sufferings of Christ, so also our comfort abounds through Christ.”

- **When we are in trouble, we are to pray**

James 5:13a ‘Is anyone among you in trouble? Let them pray.

- **How did Jesus react – forgiveness**

Luke 23:34 Jesus said, “Father, forgive them, for they do not know what they are doing.”

- **Believing in a hope and a future**

> Jeremiah 29:11 “For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future.”

Job 42

12 **The LORD blessed the latter part of Job’s life more than the former part.**

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HAJ