Entering into God's Rest

Bad Example

Heb 3:7-11,16-19 "So, as the Holy Spirit says:

"Today, if you hear his voice,
8 do not harden your hearts
as you did in the rebellion,
during the time of testing in the wilderness,
9 where your ancestors tested and tried me,
though for forty years they saw what I did.
10 That is why I was angry with that generation;
I said, 'Their hearts are always going astray,
and they have not known my ways.'
11 So I declared on oath in my anger,
'They shall never enter my rest.' "

Ways not to enter God's rest: harden your heart, rebel against God, test God, lead a sinful life.

Good examples:

Heb 4:9-11 "There remains, then, a Sabbath-rest for the people of God; 10 for anyone who enters God's rest also rests from their works, just as God did from his. Let us, therefore, make every effort to enter that rest, so that no one will perish by following their example of disobedience."

Mt 11:28-30 "Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light."

1 Jn 3:19-20 " This is how we know that we belong to the truth and how we set our hearts at rest in his presence: 20 If our hearts condemn us, we know that God is greater than our hearts, and he knows everything."

The way to enter into God's rest is to physically rest from your labors, seek God and give him your burdens. If you feel condemned, it is not coming from God.

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